

Category		Trail Name	Description	Area / Getting There
Groomer		Ruthie's Run	Wide slope, ideal for warming up and perfecting your turns	Directly under the Ruthie's Lift
Natural Halfpipe		Copper Bowl	Gully between Gent's Ridge and Bell Mountain makes for a natural halfpipe	At the Base of the Gent's Ridge Chair, from the top take Copper to Lazy Boy and connect
Warming Up		Buckhorn, Dipsy Doodle	Take laps on these shorter groomers and perfect your technique	From the top of Ajax Express, take laps and alternate a few different routes
Bumps		Northstar	Slightly less steep portion of Gent's Ridge with a nice stretch of moguls	From the Sundeck, stay to your skier's right and follow 1&2 Leaf directly to Northstar
Speed		Aztec	Test your speed at the site of the annual International Women's Downhill	Ruthies; From the top of Ruthie's, exit to the right and follow Summer Road to Aztec
Glades		Back Bell (#1 and #2)	Backside of Bell Mountain; From the peak follow Silver Dip to Ridge of Bell and lookout on your right	Top of Bald Mt; Exit Sterling Express to the left
Steep & Deep		Walsh's	Powder and bumps pile up on this short, steep stretch of east facing terrain, pause at the bottom to marvel, then gather some speed for uphill traverse out on Lud's Lane	From the Sundeck, stay to your skier's right and follow 1&2 leaf and lookout on your right
Fresh Powder		Sidewinder	These tend to be longer and less tracked than the runs higher up the ridge and closer to the F.I.S lift	The Dumps; Exit F.I.S. to the right and stay long International to find your optimal point to drop in